**ADNAT – Message suggestions**

1. ADNAT has been produced for you by people like you
2. Feeling OK today?
3. It’s your diabetes so tell it as it is
4. Think before you click
5. Are you ready to answer more questions?
6. Good news - it saves your answers automatically
7. Complete it later but don’t forget!
8. You are half-way through the questionnaire already
9. Feeling motivated?
10. Keep going
11. Nearly at the end
12. Hope this is helpful
13. Are you on-line?
14. Don’t forget to hit the submit button at the end
15. Brilliant!